

A Journey to Wellness

Mental Health
Recovery
& Rehabilitation
Program



MADO
HEALTHCARE

Improving Health and Wellbeing

Our Recovery Programs
focus on your strengths
and ambitions



Recovery Services Provided

- Reside at our Centers for as short or long as you'd like. When you are ready to move to a new setting, we will work with you to create a plan for a successful transition
- Recovery services from clinically trained and compassionate staff including: Mental Health Counselors, Licensed Nurses, Registered Dietitian, and Certified Recovery Support Specialists
- Support in developing an individualized treatment plan for you; a plan aimed at working toward achieving wellness and desired ambitions
- Care Teams to work with you and others who support you, such as care coordinators from insurance companies, community mental health case workers, and any family or friends you would like to be a part of your recovery journey
- Medication Management – work together with doctors and clinically trained staff to learn more about managing your medications
- Programming & supports offered to assist you in a successful transition to the community. Discharge opportunities through programs such as Moving On



TAKE CHARGE
CLIENTS WORK TO
ACHIEVE GOALS THEY
IDENTIFY
FOR THEMSELVES



LIKE FAMILY
BE A PART OF A
COMMUNITY THAT
ENCOURAGES YOUR
GROWTH AND
WELLNESS

Recovery Programs Offered

- Illness Management & Recovery (IMR)
- Cognitive Behavioral Therapy (CBT)
- Wellness Recovery Action Plan (WRAP)
- Group Therapy and Individualized Counseling
- Intensive Outpatient Programs (IOP) utilizing group, expressive, and individual counseling services
- Work Program – Paid employment opportunities at the Centers with an emphasis on refining job skills and resume building
- Recreational and Leisure Pursuits including exercise groups, outings, and events
- Annual Art Exhibition
- Dual Recovery Program focusing on recovery from substance use and mental health
- Meditation and Mindfulness Practices
- Peer-led Counseling Workshops



LEARN MORE
madohealthcare.com
or call 312.617.4535



A Family Vibe

Our centers provide the love, respect and compassion a family member deserves

ATMOSPHERE

- Safe and supportive atmosphere
- Welcoming and approachable staff and peers
- Monthly Client Advisory Meeting
- Open door policy – your concerns, ideas, and input are valued
- Time and space to have to yourself or socialize with others

AMENITIES

- Outdoor smoker friendly patio, outdoor garden, and a space to enjoy the fresh air with seating to unwind or socialize
- Recreational space with games and crafts
- Lounges with Cable TV
- Access to new and gently used clothing

Locations

MADO Healthcare has three Recovery Centers in Chicago

DOUGLASS PARK 1550 S ALBANY AVE CHICAGO IL

- Up to 160 individuals
- Across from Douglass Park, a sprawling 173 acre park with a cultural and community center
- 2 blocks away from corner store
- 15 min walk from Little Village Branch Chicago Public Library
- Near Kedzie Pink Line and accessible by bus

BUENA PARK 940 W CULLOM AVE CHICAGO IL

- Up to 99 individuals
- Close to Challenger Park, an urban retreat with green space
- Around the corner from thrift store and Jewel grocery store
- 1 mile from Montrose Beach
- Close to Uptown Branch Chicago Public Library
- Near Wilson Red Line and accessible by bus

OLD TOWN 1121 N ORLEANS ST CHICAGO IL

- Up to 135 individuals
- Across the street from Seward Park with field house and basketball courts
- 5 min walk from Jewel grocery store
- 1 mile from Oak Street Beach
- 3 min from Near North Branch Chicago Public Library
- Near Clark/Division Red Line and accessible by bus



MORE ON LOCATIONS
madohealthcare.com/locations



NEED SUPPORT?

VISIT US AT
[MADOHEALTHCARE.COM](https://www.madohealthcare.com)
OR CALL 312.617.4535
TODAY!

MADO Healthcare Centers are Specialized Mental Health Rehabilitative Facilities that guide your recovery

We are *not* long-term care nursing homes

MADO Healthcare accepts
Medicaid and all Managed Care Plans
as well as private pay



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